

2016 season
Pennsylvania Heartland Athletic Conference
Cross Country All-Stars

DIVISION III GIRLS

FIRST TEAM

- MARISSA KLEIMAN – MOUNT CARMEL
- MACKENZIE RODARMEL – LOYALSOCK
- TORI ROSS – WARRIOR RUN
- ISABELL SANGER – LOYALSOCK
- MINA SCHNECK – BLOOMSBURG
- HALEY SCOPELLITI – SOUTHERN COLUMBIA
- HAYDN WILKENS – WARRIOR RUN

SECOND TEAM

- JAMIE ELLIS – LOYALSOCK
- KELLY O'MALLEY – LOYALSOCK
- EMMA STEELY – SOUTHERN COLUMBIA
- ALLIE WILLHOUSE – SOUTHERN COLUMBIA
- TAYLOR WILLIAMS – WARRIOR RUN
- CADEE WOOD – WARRIOR RUN
- EMILY YACKIEL – BLOOMSBURG

DIVISION III BOYS

FIRST TEAM

- HUNTER CRAWLEY – SOUTH WILLIAMSPORT
- CASSIDY HOFFMAN – WARRIOR RUN
- ETHAN KNOEBEL – SOUTHERN COLUMBIA
- NICK KYZO – SOUTHERN COLUMBIA
- JACOB PETRO – SOUTHERN COLUMBIA
- QUINN SERFASS- LOYALSOCK
- KEVIN STANCAVAGE – MOUNT CARMEL
- RYAN SULLIVAN - LOYALSOCK

SECOND TEAM

- TYLER ADAMS – MOUNT CARMEL
- LOGAN FRANQUET – LOYALSOCK
- REESE HOUSEKNECHT – SOUTHERN COLUMBIA
- DAMEIN MOSER – WARRIOR RUN
- EVAN RABINOWITZ – BLOOMSBURG
- PATRICK ROONEY – MOUNT CARMEL
- BRYCE WOLAND – WARRIOR RUN

Boys Division III:

COACH – LARRY CONNER – SOUTHERN COLUMBIA

Girls Division III:

COACH – NICOLE REED - LOYALSOCK

Boys Champions = SOUTHERN COLUMBIA

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**Girls Champions = TIE – SOUTHERN COLUMBIA, LOYALSOCK,
WARRIOR RUN**